

Tense factors and coping strategies in infertile women referring to Alzahra Training Clinical Center of Tabriz (1998)

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Abstract

Infertility problem in today world has become a social anxiety and many couples experience infertility problem in some way in their fertility ages. This can cause psychological shock to couples and affect marital life, interpersonal and social relation. For this reason this research which is descriptive study has been designed to investigate the tense factors and coping strategies of infertile women who were admitted to Alzahra Educational and Treatment Center of Tabriz in 1998. The purpose of this research is to investigate physical, psychological and social tense factors and coping strategies concerning affective on infertile woman. In this research 150 infertile women have been chosen on basis of convenient sampling. Data were collected by regular interview using a questionnaire including 3 main parts. The first part was related to sociopersonal characteristic, used diagnosis and treatment ways and cause of infertility, the second part was about physical and psychosocial tense factors and the third part was about determination of coping strategies of infertile women. For evaluation of findings of the research, chi-square test statistics was used. The results of this study showed that fatigue of frequent come and go to clinic was the most physical tense factor (67/3%) with high level. Main psychosocial tense factor was wordiness about achievement of treatment with high and very high level (87/3%). Among coping strategies praying was the always-used coping strategy (79/3%) of participant. Amongst coping strategies 79.3% of participant in research used always praying. Most common coping strategy focusing affective was praying with 79.3% of replying always and accepting the situation with 74% of always reply, was the most used coping strategy focusing on used solution.

Keywords: Tense factors, Coping strategies, Infertility and Infertile women.

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