

# Long-Term Administration of Artesunate Induces Reproductive Toxicity in Male Rats

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## Abstract

**Background:** Artesunate is commonly used in malaria therapy. Many antimalarial drugs have been associated with male reproductive dysfunction. The effect of artesunate on male reproductive activities was studied using in-vivo and in-vitro experimental models.

**Methods:** Adult male rats (n=6) were orally given artesunate (2.9 mg/kg body weight) on daily basis for five days. Artesunate (2.9 mg/kg body weight) was administered to another group of rats daily for six weeks, while there was a recovery group of rats too. The control animals received the vehicle only. At the end of the treatment, sperm characteristics, serum follicle stimulating hormone, luteinizing hormone and testosterone levels, testicular and epididymal histology and fertility were assessed. Cultured Sertoli cells were treated with 0.3  $\mu$ M to 10  $\mu$ M artesunate for five days after which Sertoli cell viability, double-stranded deoxyribonucleic acid (ds-DNA) integrity and genetic expression of Glial cell line-derived neurotrophic factor (GDNF) and transferrin were assessed. The data were analyzed using Graphpad Instat Statistical software. A probability value of  $p < 0.05$  was considered significant.

**Results:** Artesunate did not cause any significant effects in short-term administration but significantly reduced the aforesaid parameters in long-term administration. There were visible lesions in the testicular and epididymal histological studies, although fertility was not significantly reduced. These changes were restored in the recovery experiment. In-vitro studies showed dose and duration dependent changes in Sertoli cell viability and ds-DNA integrity. However, transferrin and GDNF gene expressions were normal.

**Conclusion:** The results suggest that long-term administration of artesunate could induce reversible infertility in rats which may act via distortion of blood–testis barrier formed by Sertoli cells.

**Keywords:** Artesunate, Epididymis, Rat, Sertoli cells, Sperm, Testis, Testosterone

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## Introduction

Malaria affects about 500 million people annually and it is a leading cause of mortality and morbidity in the developing world. It remains a major public health problem in endemic regions (1). Effective treatment of malaria had been a great challenge to medicine and this has had a great impact on man's health and economy (2). Treatment failures have been linked majorly to the development of resistance of the malaria parasite to standard antimalarial agents (3–5). This resist-

ance created a need for new drugs. Discovery of artemisinin and its derivatives (artesunate, artemether, arteether, and dihydroartemisinin) have given renewed hope for combating resistant malaria (6, 7). Artesunate is a semi-synthetic derivative of artemisinin. It is an alkylating agent which generates free radicals, thus, alkylating the parasite's membrane (8). It is used in combination therapy and is effective in cases of uncomplicated *P. falciparum*. Serious concern has been raised

about uncontrolled use of artemisinin derivatives in endemic areas of the disease, such as Nigeria. Moreover, self-medication is quite common and purchase of antimalarials in the open market is rampant (9). The possibility of overdose administration and misappropriation in the usage of anti-malarial agents are very common, all of which could lead to toxic effects of the drugs (10–12).

Many antimalarial drugs have been associated with male reproductive dysfunction. Chloroquine has been reported to reduce sperm motility and hence fertility by a reduction in the average number of fetuses of cohabited female rats (13). Orisakwe et al. (14) reported that halofantrine adversely affected sperm parameters. Pyrimethamine was reported to cause spermatogenic arrest and male infertility in a dose-dependent manner (15). A study by Raji et al. (16) showed that an oral artemisinin derivative, artemether, caused a significant reduction in the progressive sperm motility, viability, sperm count and serum testosterone levels in a dose-dependent fashion during an acute administration of the drug in male rats.

It has been reported that high doses of artesunate could produce neurotoxicity such as selective damage to brainstem centers, gait disturbances (17–19) and loss of spinal cord and pain response mechanisms in mice and rats (20). Artesunate has also been shown to cause a decrease in sperm motility in guinea pigs (21).

The effects of artesunate on female reproductive system have also been reported. It was shown to significantly reduce serum progesterone concentration and degenerate the decidual cells and fetus of treated pregnant rats (22). Artesunate has also been reported to cause significant embryo-fetal toxicity causing embryo deaths and malformations (23, 24).

The global use of this antimalarial drug thus made its detailed investigation on male fertility imperative. The present study was therefore aimed at evaluating the reproductive activities of artesunate in male rats and its possible site(s) of action.

### Methods

**Animals:** Male and female Wistar strain albino rats (10–12 weeks; 180–220 g) obtained from the Central Animal House, College of Medicine, University of Ibadan were used for the in-vivo study while Sprague-Dawley albino male rats (16–18 day old; 18–22 g) obtained from the Central Animal House, Central Drug Research Institute, in Lucknow, India were used for the in-vitro study.

The rats were provided with feed and water ad libitum all through the period of the study. They were housed in wire mesh cages under a photo-period controlled environment (12L:12D cycles). The drug was administered to the rats orally by the use of orogastric tubes. All the animals were cared for in accordance with the ‘Guide for the Care and Use of Laboratory Animals’ (1996). The use of the animals was reviewed and approved by the ethics committee at the Research Institute where the experiment was carried out.

**Drugs and Chemicals:** Artesunate tablets used for this study were produced by GlaxoSmithKline Pharmaceutical Company, Nigeria. The pure form of this drug was produced by and obtained from Sigma-Aldrich Inc, St. Louis, USA. The chemicals used in the Sertoli cell culture preparation were obtained from Sigma-Aldrich Inc., St. Louis, USA.

**In-vivo studies:** The thirty male rats used for this study were divided equally into five groups. Group 1 contained the control rats that were administered distilled water orally for 5 days. Group 2 contained rats being administered 2.9 mg/kg *B.W.* of artesunate daily for 5 days. This experiment was to mimic the dose and duration of administration of the drug in humans. Rats in group 3 were given 2.9 mg/kg *B.W.* of artesunate daily for 6 weeks. This was to expose the gametes to the chronic effects of the drug (25, 26). Group 4, received the same dose of artesunate daily for 6 weeks and were allowed to recover in 6 more weeks. Rats in group 5 received distilled water for 6 weeks and they served as the controls for the long-term experiment.

**Anesthetic protocol and autopsy:** The rats were examined daily throughout the experiment period for signs of toxicity. At the end of the treatment and recovery periods they were killed by exsanguination under 25% urethane anesthesia (0.6 ml/100 g *B.W.*). Urethane has no known spermatogenic or antifertility effects on rat testis (27). Body weight, weight of testes, epididymis and seminal vesicles were harvested at the time of necropsy.

**Hormone assay:** Blood was collected from each rat via cardiac puncture from which the serum was separated. Serum testosterone, luteinizing hormone and follicle stimulating hormone levels were measured using the enzyme-immunoassay (E.I.A.) technique (28). The E.I.A. kits were produced by Immunometrics (London, UK) and obtained from Nzemat (Lagos, Nigeria). The optical

density was read using a spectrophotometer (Jenway, 6300 Spectrophotometer, UK) that was sensitive at wavelengths between 492–550 nm.

**Sperm characteristic analysis:** The testes were carefully exposed and one of them was removed together with its epididymis. The epididymis was separated and the epididymal fluid was collected from the caudal part and the progressive sperm motility, sperm count, live/dead ratio (viability) and sperm morphology were determined as described earlier (28–30).

Progressive sperm motility evaluation was done immediately after semen collection. Two drops of semen were placed on a microscope slide and two drops of warm 2.9% sodium citrate were added. The slide was then covered with a cover slip and examined under the microscope using 40× objectives with reduced light. Sperm viability was done using the eosin/nigrosin stain. The dead sperm took up the stain. Sperm morphology was carried out by means of the Walls and Ewas stain. Sperm count was carried out using the new improved Neuber's hemocytometer counting chamber.

**Daily Sperm Production:** Daily sperm production (DSP) was determined using a previously described procedure (31–32). Briefly, the testis was removed, decapsulated, weighed and homogenized in 50 ml of buffer solution containing Tris and Sucrose (pH=7.5) using a homogenizer at low speed. Elongated spermatid nuclei with a shape characteristic of step 17–19 spermatids (Stage IV–VIII) and resistant to homogenization were counted. Spermatids in ten squares of the Mackler chamber (Sefi-Medical Instruments, Haifa, Israel) were counted. This was done four times and an average value was determined. The result was appropriately adjusted for by dilution and the values were divided by 6.10 days. This time divisor was obtained from the fact that steps 17–19 spermatids make up 48% of one seminiferous epithelium cycle. The results obtained were expressed in the form of count/g testis.

**Testicular and Epididymal histology:** The testis and epididymis were prefixed in Bouin-Hollande solution prior to histological studies. They were then embedded in paraffin. Five-micron thick paraffin sections were stained with hematoxylin-eosin and examined by light microscopy (33–34).

**Fertility Studies:** Male rats which had been treated for 6 weeks were cohabited with untreated parous proestrus female albino rats at a ratio of 1:2. The presence of a vaginal plug was consider-

ed as an index of positive mating. Calculation of a single time point fertility test for each rat was carried out using the formula: percentage of fertility success is equal to the number of pregnant female rats divided by mated females multiplied by 100. The number of litters delivered and their morphology were also recorded.

**In-vitro effects of artesunate on cultured Sertoli cells:** Sertoli cells were obtained from the testis of 16 to 18 day old Sprague–Dawley rats (35) and cultured in DMEM/F-12 medium supplemented with insulin (5 mg/L), transferrin (5 mg/L), gentamicin sulfate (25 mg/L), vitamins A and E (200 ng/ml) and sodium bicarbonate (1.2 g/L) in a humidified atmosphere of 5% CO<sub>2</sub> / 95% air at 34 °C at a density of 1×10<sup>6</sup> cells/25 mm<sup>2</sup> area. After 48 hours, cells were treated with hypotonic solution (20 mM Tris buffer, pH=7.6) for 3 minutes to remove contaminating germ cells. The Sertoli cells were finally plated in 48-well tissue culture plates with fresh DMEM/F-12 medium supplemented further with testosterone (10<sup>-6</sup> M) and follicle stimulating hormone (FSH) (0.05 Units/ml).

The following procedures were then carried out on the cultured Sertoli cells:

**Sertoli cell viability test (M.T.T. Assay):** The cultured Sertoli cells were treated with 10, 5, 2.5, 1.3, 0.6, and 0.3 μM of the pure form of artesunate. The treatment was continued daily for 5 days in-vitro at 34 °C in an atmosphere of 5% CO<sub>2</sub> / 95% air in a CO<sub>2</sub> incubator. After treatment for 24, 72 and 120 hours, 20 μL of M.T.T. [3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide] was added to each well of the 48-well tissue culture plates (36). The solution was further incubated for 4 hours. Then the whole medium was removed from each well and replaced with 200 μL of Dimethyl Sulfoxide (D.M.S.O.) to dissolve the formazan crystals at 37 °C for 30 minutes. The absorbance was then measured on an automated microplate reader (Microquant Bio-tech Instruments Inc.) at a wavelength of 540 nm.

**Determination of the nuclear integrity of treated Sertoli cells:** This procedure was used to determine the integrity of the double stranded deoxyribonucleic acid (dsDNA) of treated Sertoli cells (37, 38). The cells were isolated (35) and plated on sterile cover slips in 12-well tissue culture plates at a density of 2.5×10<sup>6</sup> cells/well and the cells were allowed to grow on these slips. The cells were then treated daily with 10, 5 and 2.5 μM of

the pure forms of artesunate for five days. The positive control group contained Sertoli cells that were treated only with Nonoxynol-9 (N-9), a known inducer of DNA fragmentation (39). At the end of the treatment period, the medium in each well was carefully removed. 500 *Ml* of P.B.S. and 1  $\mu$ L of 4'-6-Diamidino-2-phenylindole (DAPI) (from a stock solution of 1  $\mu$ g/ $\mu$ L) were added to each well. This was allowed to incubate on a plate shaker for about one hour. The medium was then gently drained and the cover slips were then carefully removed from each well, mounted on slides and observed under the fluorescence microscope (Nikon Eclipse 80i, Japan) at an excitation wavelength of 350 *nm*. Apoptotic nuclei were identified by the condensed chromatin gathering at the periphery of the nuclear membrane or a total fragmented morphology of nuclear bodies.

**Quantitative Reverse Transcriptase-Polymerase Chain Reaction (QRT-PCR):** Sertoli cells were isolated (35) and plated into 6-well tissue culture plates at a density of  $5 \times 10^6$  cells/well. The cells were then treated daily with 5, 2.5 and 1.25  $\mu$ M of the pure form of artesunate for five days. After the period of treatment, the medium was removed and RNA was extracted from the treated cells. 2.5  $\mu$ g of each RNA sample was used to form complementary DNA using standard procedures (40). The integrity of the house keeping gene,  $\beta$ -actin was checked and the expression of transferrin and GDNF (Glial cell line-derived neurotrophic factor) genes were determined using the reverse transcriptase polymerase chain reaction technique and resolved using the electrophoresis technique on a horizontal agarose resolving gel assembly. The products were visualized by ethidium bromide (1  $\mu$ L of EtBr/10 *ml* of agarose solution) staining in a gel duct (Boivis, Mumbai, India) under ultraviolet light. These genes are responsible for the proper growth of Sertoli cells and essential for mammalian spermatogonial stem cell self-renewal. The rat gene primers (Sigma Genosys, USA) used for the study had the following forward and reverse sequences:

ward and reverse sequences:

$\beta$ -actin gene

F=5' AGGCATCCTGACCCTGAAGTA 3'

R=3' TCTTCATGAGGTAGTCTGTCA 5'

Transferrin gene

F=5' GCTGTGGCCAGTTTCTTCTC 3'

R=3' CCACATCTCCACCTCCATCT 5'

GDNF (Glial cell line-derived neurotrophic factor) gene

F=5' CCAATATGCCCGAAGATTATC 3'

R=3' TTCGTAGCCCAAACCCAAG 5'

**Statistical Analysis:** The data were presented as mean  $\pm$  standard error of mean ( $\bar{X} \pm$ SEM) and the statistical significance between the controls and the treated groups was calculated by the analysis of variance (ANOVA) with Student-Newman-Keuls multiple comparison test (41) using the GraphPad InStat Statistical software package. A difference with a probability value of  $p < 0.05$  was considered significant.

## Results

**Effect of artesunate on body and relative organ weights:** There were no significant changes in body and relative reproductive organ weights of rats administered artesunate (2.9 *mg/kg B.W.*) for five days when compared with their controls. However, there were significant reductions ( $p < 0.01$ ) in these parameters in the rats treated for six weeks when compared with their controls. There were gradual recovery of these parameters in rats in the recovery group as there were significant increases in the weights ( $p < 0.05$ ) when compared with the treated group (Table 1).

**Effect of artesunate on sperm parameters:** Administration of artesunate for five days significantly decreased ( $p < 0.001$ ) the mean progressive sperm motility and viability of the treated rats when compared with the controls. There were no significant changes in the mean of their sperm counts. All of these parameters significantly decreased ( $p < 0.001$ ) in the rats given daily artesunate for six weeks when compared with the con-

**Table 1.** Effects of artesunate administration on the body and relative organ weight

Group	Body Weight (g)	Testes (%)	Epididymis (%)	Seminal Vesicle (%)
Control (5 days)	208.00 $\pm$ 3.74	1.46 $\pm$ 0.06	0.26 $\pm$ 0.01	0.53 $\pm$ 0.04
Artesunate (5 days)	209.00 $\pm$ 5.83	1.47 $\pm$ 0.08	0.26 $\pm$ 0.02	0.50 $\pm$ 0.03
Control (6 days)	286.00 $\pm$ 9.80	1.49 $\pm$ 0.03	0.29 $\pm$ 0.01	0.57 $\pm$ 0.03
Artesunate (6 weeks)	236.00 $\pm$ 9.80**	1.30 $\pm$ 0.03**	0.24 $\pm$ 0.01*	0.48 $\pm$ 0.02
Recovery	268.00 $\pm$ 8.60†	1.39 $\pm$ 0.02†	0.25 $\pm$ 0.01†	0.55 $\pm$ 0.03

\* $p < 0.05$ , \*\* $p < 0.01$ , (control vs. treated), † $p < 0.05$ (recovery vs. treated)

**Table 2.** Effects of artesunate administration on sperm parameters

Group	Sperm parameters		
	Motility (%)	Viability (%)	Count ( $10^6/ml$ )
Control (5 days)	74.60 ± 1.30	79.60 ± 1.40	42.99 ± 1.82
Artesunate (5 days)	60.80 ± 1.16***	63.00 ± 1.89***	39.94 ± 3.19
Control (6 days)	81.40 ± 1.86	85.80 ± 1.80	48.04 ± 0.92
Artesunate (6 weeks)	57.20 ± 1.56***	60.20 ± 1.39***	35.77 ± 0.86***
Recovery	79.00 ± 1.18†††	83.20 ± 1.36†††	46.31 ± 1.38†††

\*\*\* p < 0.001 (control vs. treated), ††† p < 0.001 (recovery vs. treated)

trols. However, all the parameters gradually restored in the recovery experiment as significant increases (p < 0.05) were observed when compared with the treated group (Table 2).

Daily administration of artesunate to rats for 5 days caused no significant changes in the number of abnormal sperm compared with the controls. There was a significant increase (p < 0.01) in the number of abnormal sperm in rats treated for six weeks when compared with the controls. However there was a significant decrease (p < 0.05) in the number of abnormal sperm in the recovery group when compared with the treated group (Table 3).

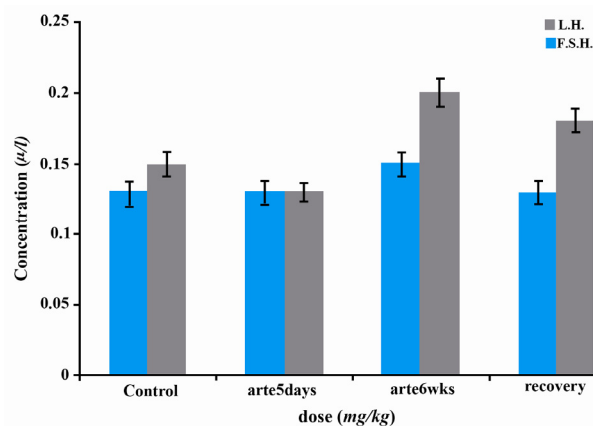
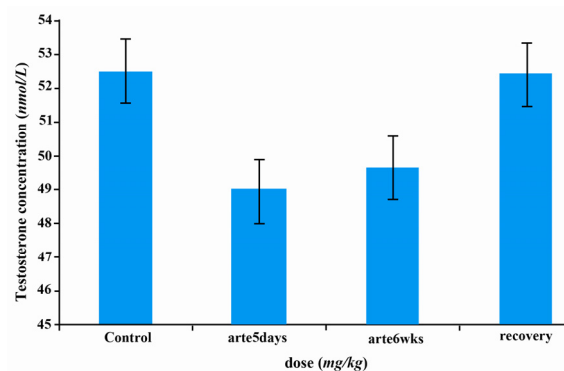
**Effects of artesunate on daily sperm production:** The daily sperm production of artesunate rats administered for five days showed no significant changes when compared with the controls. There was a significant decrease (p < 0.001) in the daily sperm production of rats treated for six weeks when compared with their controls. The daily sperm production of rats in the recovery group significantly increased (p < 0.01) in comparison with the treated rats (Table 3).

**Effects of artesunate on some reproductive hormones:** There were no significant changes in serum LH, FSH and testosterone concentrations of rats treated with artesunate daily for 5 days during 6 weeks when compared with the controls. This was also true in the recovery group (Figures 1–2).

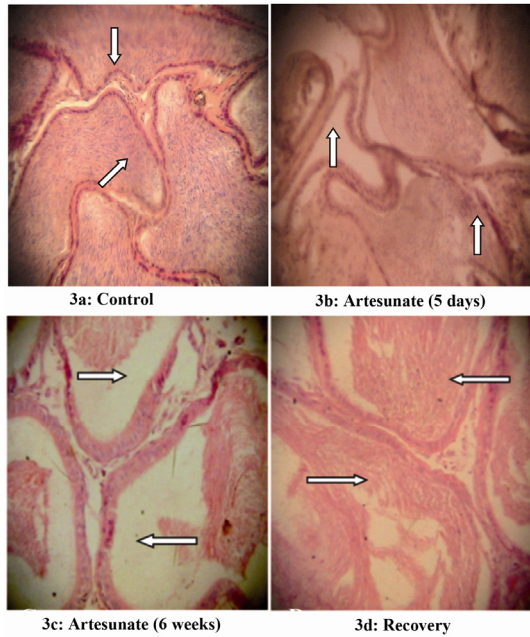
**Table 3.** Effects of artesunate administration on sperm morphological parameters and daily sperm production

Group	% Abnormal sperms	Daily Sperm Production ( $10^6/g$ tissue)
Control (5 days)	7.56 ± 0.89	20.68 ± 1.62
Artesunate (5 days)	9.88 ± 1.19	17.61 ± 1.26
Control (6 days)	4.94 ± 0.63	22.04 ± 0.38
Artesunate (6 weeks)	10.12 ± 1.27**	15.63 ± 0.56***
Recovery	6.67 ± 0.72†	19.16 ± 1.10**

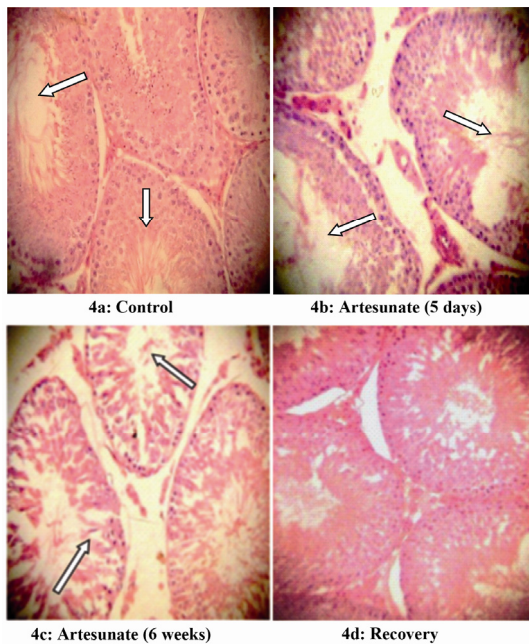
\*\* p < 0.01 (control vs. treated); † p < 0.05 (recovery vs. treated); \*\*\* p < 0.001 (control vs. treated)

**Figure 1.** Effects of artesunate administration on serum LH and FSH concentrations. arte5days=artesunate administration for 5 days; arte6wks=artesunate administration for 6 weeks**Figure 2.** Effects of artesunate administration on serum testosterone concentration. arte5days=artesunate administration for 5 days; arte6wks=artesunate administration for 6 weeks

**Effects of artesunate on the histology of rat epididymis and testis:** The epididymal and testicular histology of treated rats showed duration dependent degenerative changes. Rats treated for five days showed mild while those treated for six weeks showed severe degenerative changes (Figures 3–4). There was visible reduction in epididymal sperm content, while testicular histology showed disorganization of the seminiferous tubule archi-

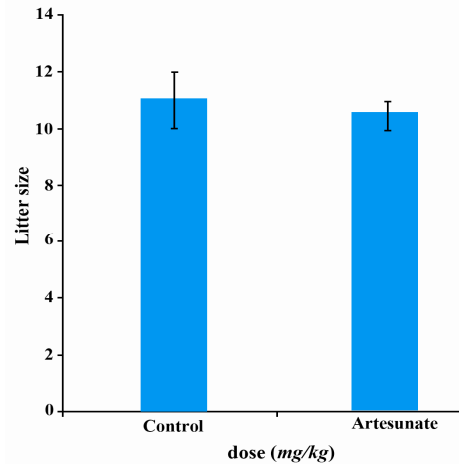


**Figure 3.** Effects of artesunate administration on the histology of rat epididymis. (3a): Control, (3b): Artesunate (5 days), (3c) Artesunate (6 weeks) and (3d) Recovery. (Arrows showing stored sperm cells; Mag. x 100)

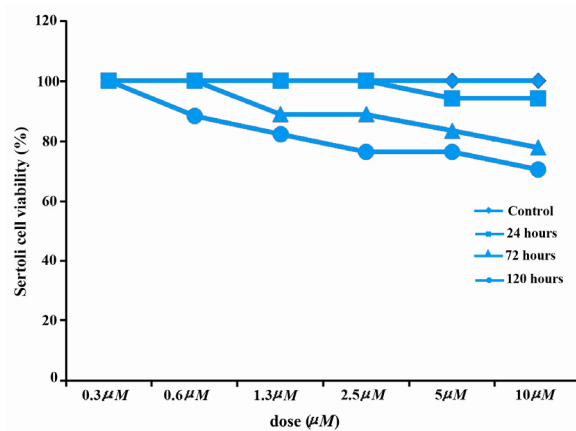


**Figure 4.** Effects of artesunate administration on the histology of rat testis. (4a): Control, (4b): Artesunate (5 days), (4c): Artesunate (6 weeks) and (4d) Recovery. (Arrows showing somniferous tubules; Mag. x 100)

texture. There was degeneration of the plasmalemma in the basal portion of some of the seminiferous tubules with arrest of spermatogenesis. However, all these changes were gradually restored in the recovery group.



**Figure 5.** Effects of artesunate administration on litter size

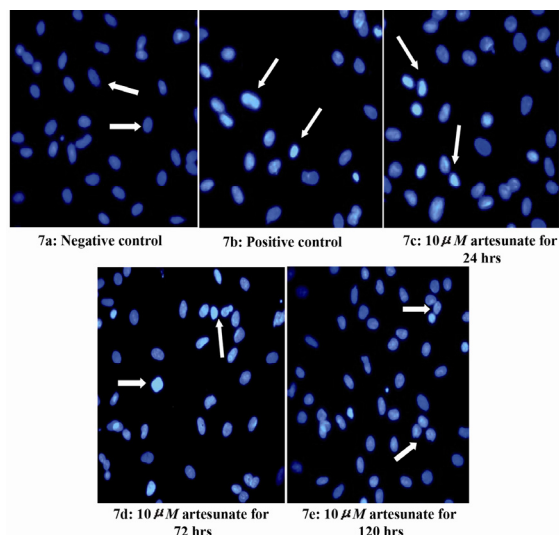


**Figure 6.** Effects of artesunate on Sertoli cell viability

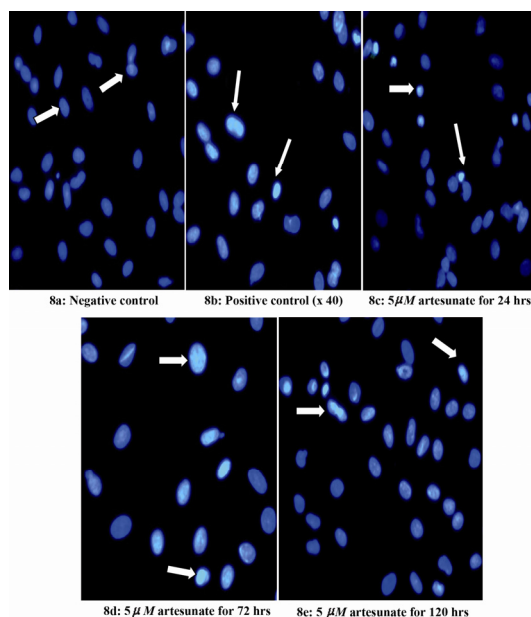
**Effects of artesunate on litter size:** There were no significant changes in the number of pups produced by the female rats cohabited with treated male rats when compared with the controls (Figure 5).

**Effects of artesunate on viability:** No reduction was observed in Sertoli cell viability when cultured with 0.3 µM, 0.6 µM, 1.3 µM and 2.5 µM of artesunate for 24 hours when compared with the controls. However, a reduction was observed when Sertoli cells were treated with 5 µM and 10 µM of artesunate. There was a duration dependent decrease in the viability of Sertoli cells cultured for 72 hours, and 120 hours, respectively (Figure 6).

**Effects of artesunate on DNA integrity:** There was a dose and duration dependent fragmentation in the nuclei of Sertoli cells treated with different doses of artesunate; with 10 µM showing the greatest effect and 2.5 µM showing the least at 120 hours (Figures 7–9).

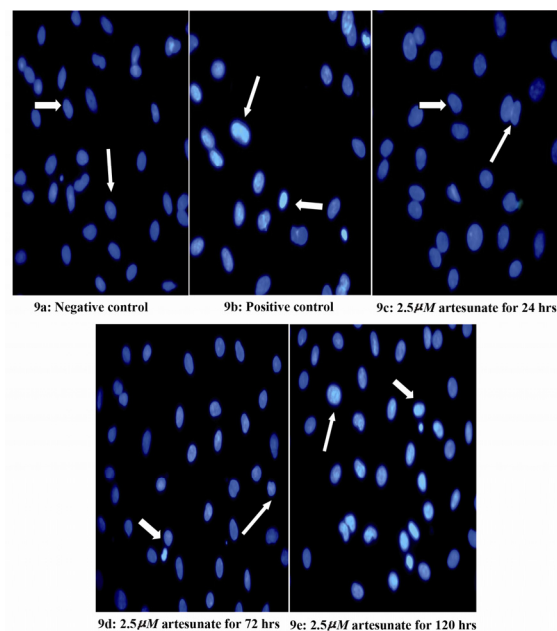


**Figure 7.** Effects of 10  $\mu\text{M}$  artesunate on ds-DNA integrity of Sertoli cells. (7a) Negative control (untreated) (7b) Positive control (N-9 treated) (7c) 10  $\mu\text{M}$  of artesunate for 24 hours (7d) 10  $\mu\text{M}$  of artesunate for 72 hours (7e) 10  $\mu\text{M}$  of artesunate for 120 hours. (Arrows showing Sertoli cell nucleus; Mag. x 40)



**Figure 8.** Effects of 5  $\mu\text{M}$  artesunate on ds-DNA integrity of Sertoli cells. (8a) Negative control (untreated) (8b) Positive control (N-9 treated) (8c) 5  $\mu\text{M}$  of artesunate for 24 hours (8d) 5  $\mu\text{M}$  of artesunate for 72 hours (8e) 5  $\mu\text{M}$  of artesunate for 120 hours. (Arrows showing Sertoli cell nucleus; Mag. x 40)

**Effects of artesunate on gene expression:** Glial cell line-derived neurotrophic factor cultured Sertoli cells treated with 5  $\mu\text{M}$ , 2.5  $\mu\text{M}$  and 1.25  $\mu\text{M}$  of artesunate when compared with the gene expression in control Sertoli cells. Similarly, transferrin gene in Sertoli cells treated with artesunate showed normal expressions when compared with the controls (Figures 10–11).



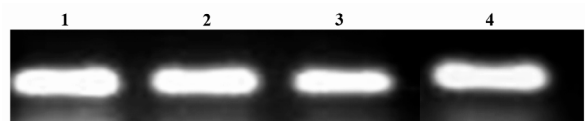
**Figure 9.** Effects of 2.5  $\mu\text{M}$  artesunate on ds-DNA integrity of Sertoli cells. (9a) Negative control (untreated) (9b) Positive control (N-9 treated) (9c) 2.5  $\mu\text{M}$  of artesunate for 24 hours (9d) 2.5  $\mu\text{M}$  of artesunate for 72 hours (9e) 2.5  $\mu\text{M}$  of artesunate for 120 hours. (Arrows showing Sertoli cell nucleus; Mag. x 40)

## Discussion

The results of this study showed that short-term administration of artesunate did not cause any significant changes in the body regarding the relative organ weights of the treated rats. This implies that short-term oral administration of this drug had no negative effects on somatic growth. However, there were significant reductions in these parameters with prolonged administration of the drug. It has been reported that a change in relative or absolute weight of an organ after drug administration is an indication of the toxic effects of that drug (42–43). Moreover, the weight of male reproductive organs usually provides a useful fertility/reproductive risk assessment in experimental studies (28). Testicular size is the best primary assessment for spermatogenesis since the tubules and germinal elements account for approximately 98% of the testicular weight (44). Thus the decrease observed in testicular weight can be linked to the degeneration of tubules and loss of germinal elements which were observed in this study. These findings are similar to an earlier report on artemether (16) and that of Okanlawon and Ashiru (45) who reported that administration of chloroquine to rats for 7 weeks significantly reduced their body and organ weights.



**Figure 10.** GDNF gene expression in cultured Sertoli cells. 1=Artesunate (5  $\mu$ M); 2=Artesunate (2.5  $\mu$ M); 3= Artesunate (1.25  $\mu$ M); 4=Control



**Figure 11.** Transferrin gene expression in cultured Sertoli cells. 1=Artesunate (5  $\mu$ M); 2=Artesunate (2.5  $\mu$ M); 3= Artesunate (1.25  $\mu$ M); 4=Control

The progressive sperm motility and viability of rats treated with artesunate significantly decreased in both short- and long-term treatments. It is known that sperm cells gain their motility as they move through different regions of the epididymis. As the spermatozoa moves through the corpus epididymis, their motility increases sharply and continues to improve through the cauda epididymis and vas deferens (46). These effects on motility and viability observed in this study were also reported by Adeeko and Dada (13) in which chloroquine inhibited epididymal sperm motility. This study further reported that chloroquine accumulated in the epididymis and also in the epididymal sperm thereby interfering with the acquisition of motility. In their experiment on developing a male contraceptive using pyrimethamine and dapsone Consentino et al. (15) reported that pyrimethamine caused infertility in the treated mice. Recently, Obianime and Aprioku (21) also reported significant decreases in sperm motility of rats treated with artesunate and artemisinin-based combination drugs. Artesunate destroys Plasmodium by the generation of free radicals alkylating the parasite's membranes. The significant reduction observed in the progressive sperm motility and viability of rats treated with artesunate could be due to the free radical generating capacity of this drug. Free radicals have been implicated in male infertility by decreasing sperm motility (47). The reactive oxygen species and lipid peroxides may have serious deleterious effects on sperm motility. Arrest of sperm motility is probably due to the chain of reactions induced by reactive oxygen species which can affect sperm axoneme function (48). Short term administration of artesunate did not significantly reduce the daily sperm production of the treated rats, however a significant decrease was observed in

the daily sperm production of rats for a longer duration of artesunate administration. This was also observed in the sperm morphology of the treated rats. A similar finding was reported by Otubanjo and Mosuro (49) in mice treated with sulphamethoxypyridazine: pyrimethamine (Metakelfin).

Spermatogenesis is influenced and achieved by the interplay of reproductive hormones secreted by the hypothalamo-pituitary-testicular axis and relating testosterone, gonadotrophin releasing, luteinizing and follicle stimulating hormones. In this study, the concentrations of luteinizing hormone, follicle stimulating hormone and testosterone showed no significant changes in both short-term and long-term experiments. Follicle stimulating hormone is known to stimulate mitotic division and proliferation of Sertoli and germ cells (50). The increased follicle stimulating hormone concentration observed with long-term administration of artesunate could be related to the decrease recorded in the testosterone concentration. This will remove the inhibitory effect caused by the negative feedback of testosterone on gonadotropin production. It could also be due to the need for growth and proliferation of germ and Sertoli cells necessary for spermatogenesis, which had earlier been probably arrested due to the adverse effects caused by artesunate administration.

Histological sections of the testis and epididymis of rats treated with artesunate showed visible lesions and degenerative changes. Testicular histology showed degeneration of the plasmalemma with vacuolization of the seminiferous tubules. This might imply that these drugs have been able to permeate through the blood-testis barrier and cause arrest of spermatogenesis (51). Histology of the epididymis showed a visible reduction in the sperm content. This could explain the decrease observed in the sperm count of rats treated with artesunate. However, the histological section of the testis and epididymis of rats in the recovery groups showed regeneration of the germinal epithelium and germ cells, re-building of different layers within the seminiferous tubules of the testis and thus re-establishment of spermatogenesis. Moreover, their epididymal histology showed a visible restoration of sperm content. A similar finding was also reported by Raji et al. (16), and Okanlawon and Ashiru (45) in their experiments on artemether and chloroquine, respectively. In another study, Asuquo et al. (52) also reported degenerative changes in the seminiferous tubules



of chloroquine phosphate-treated rats. In the recovery experiments, withdrawal of drug administration for 6 weeks resulted in recovery from the deleterious effects induced by artesunate. It could be inferred that the toxic effects are not permanent but reversible when the drug is withdrawn.

The results obtained in the present study suggest that artesunate impaired reproductive function of treated male albino rats, although artesunate did not have any adverse effect on fertility as the litter size from untreated female rats mated with artesunate-treated male rats produced the same number of pups as with the controls.

Sertoli cells are the somatic cells of the testis that are essential for spermatogenesis. They facilitate the progression of sperm cells to spermatozoa (53). The results obtained from Sertoli cell viability study showed a dose and duration dependent decrease in the number of viable Sertoli cells treated with artesunate *in vitro*. A reduction in the number of viable Sertoli cells due to drug toxicity will definitely expose germ cells and the developing spermatocytes and spermatids within the seminiferous tubules of the testis to the drug's toxic effects. Sertoli cells also constitute the blood-testis barrier (54). Thus damage to Sertoli cells may lead to the impairment of male reproduction. This could explain why artesunate was probably able to permeate the blood-testis barrier and thus affect spermatogenesis as evidenced by the degeneration in testicular histological studies and also the reduction observed in the sperm count in this study.

The molecular basis of Sertoli cell damage by artesunate in this study showed a dose and duration dependent degeneration of the double-stranded deoxyribonucleic acid (ds-DNA) related to Sertoli cells of the treated rats. It was observed that the greatest occurrence of nuclear fragmentation and chromatin condensation was noticed in Sertoli cells treated with 10  $\mu$ M of artesunate for 120 hours. A similar effect was seen in Nonoxynol-9 treated Sertoli cells which served as the positive controls. Nonylphenol-9 has been shown to induce adverse oxidative stress in rat Sertoli cells (36). Based on the results obtained from the determination of the double-stranded deoxyribonucleic acid integrity, the expressions of two Sertoli cell genes were thus determined in this study. These genes were transferrin and Glial cell line-derived neurotrophic factor (G.D.N.F.). Transferrin gene codes the formation of the iron transport glycoprotein, transferrin which is important

in the delivery of iron to germinal cells within the adluminal compartment of the seminiferous tubules (55–56). GDNF is a strong neurotropic factor which is expressed in the testis. It plays an important role in the proliferation of Sertoli cells (57). The obtained results showed normal DNA expression of both transferrin and glial cell line-derived neurotrophic factor genes of the drug co-cultured Sertoli cells in all different doses of the drug used in this study. This shows that although artesunate caused some nuclear fragmentation and chromatin condensation, the DNA expressions of transferrin and GDNF genes remained unchanged at various tested doses.

### Conclusion

Results of both the *in vivo* and *in vitro* studies showed that artesunate caused reversible adverse effects on male reproductive functions in a dose and duration dependent manner. The study of biological phenomena *in-vivo* is often complicated by various interactions operative within a living organism. Although highly artificial, tissue culture models provide valuable systems in which the environmental conditions can be controlled and the effects of various factors on a specific cell type can be directly investigated, however, morphological and functional characteristics are frequently subject to alteration in culture due to changes in pH, temperature, culture medium and atmospheric conditions, but care was taken to maintain these factors at physiological conditions suitable to the cultured cells in this study. The present *in-vitro* studies were, therefore, supported at least and in part by the *in-vivo* experiments. Moreover, the long term use of artesunate might have to be done with caution because the greatest adverse effect was observed during the long-term administration of the drug. Sertoli cells are very important in spermatogenesis because they nourish the germ cells and form the blood-testis barrier which protects the germ cells and developing spermatocytes from direct contact with the external environment. However, if this barrier is breached, there would be a greater tendency for the infiltration of toxic substances into the interior of the seminiferous tubules, thereby, affecting the process of spermatogenesis. Further studies could be aimed at co-culturing Sertoli cells with germ cells and then treating them with artesunate. This will shed more light as to how these drugs affect the protective function of Sertoli cells on germ cells.

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